

## Chapter 10 Alcohol

## Matching

- a. Decrease in brain function that includes personality changes and memory loss
- b. Caused by long-term alcohol use. Healthy liver tissue is replaced with scar tissue.
- c. A method of recovery involving 12 steps, regular meetings, and shared experiences.
- d. It causes a change in a person's physical and emotional state.
- e. Helps teens who are alcoholics.
- f. Inflammation of the liver, which is caused by long-term alcohol use.
- g. Helps the family, spouse, and friends of an alcoholic.
- h. The act of drinking 5 or more drinks in one setting.
- i. Helping an addict avoid the negative consequences of his or her behavior.
- j. A set of uncomfortable physical effects that are caused by excessive alcohol use.
- k. Drinking alcohol too much, too often, or at inappropriate times.
- l. Makes it illegal for anyone under 21 to drive with any amount of alcohol in their system.
- m. Caused by long-term alcohol use. Brain cells die due to dehydration and lack of oxygen.
- n. The drug in wine, beer, and liquor that causes intoxication.
- o. A disease that causes a person to lose control of his/her drinking behavior. A physical and emotional addiction to alcohol.

- \_\_\_1. Binge drinking
- \_\_\_2. Enabling
- \_\_\_3. Why alcohol is considered a drug.
- \_\_\_4. Cirrhosis
- \_\_\_5. Al-Anon
- \_\_\_6. Hangover
- \_\_\_7. Alateen
- \_\_\_8. Brain damage
- \_\_\_9. AA
- \_\_\_10. Hepatitis
- \_\_\_11. Alcohol abuse
- \_\_\_12. Dementia
- \_\_\_13. Zero Tolerance
- \_\_\_14. Alcoholism
- \_\_\_15. Alcohol

## True or False

- \_\_\_16. Alcohol is the leading cause of dementia in the United States.
- \_\_\_17. Cirrhosis is the 12<sup>th</sup> leading cause of death in the United States.
- \_\_\_18. Drinking alcohol increases the immune system functions.
- \_\_\_19. Bladder control increases when drinking alcohol because of frequent urination.
- \_\_\_20. The current legal limit for drinking and driving is .10.

